



# Headway Essex

Training Services in Acquired Brain Injury



## UNDERSTANDING ACQUIRED BRAIN INJURY

AN INTERACTIVE WORKSHOP FOR ALL PROFESSIONALS WORKING WITH SERVICE  
USERS  
WHO ARE LIVING WITH ACQUIRED BRAIN INJURY

To be held at Birkett Long Solicitors, Number One, Legg Street, Chelmsford, Essex, CM1 1JS  
on Thursday 8<sup>th</sup> March 2012 between 10am and 4pm

Price per delegate £50 (includes lunch and all materials)

### **The reason you should attend this workshop**

Acquired brain injury is a frequently occurring condition and traumatic brain injury is the leading cause of death and disability in young people. It is often described as “the hidden disability” because sometimes the person living with the brain injury has no obvious physical disabilities because the motor, co-ordination and balance control areas of the brain have not been affected by the injury but there have been cognitive and behavioural changes. These changes can prove very problematic for the person with the injury and be a source of concern for the relatives, carers and professionals supporting them.

This workshop is vital because the major functions of the brain and what goes wrong in acquired brain injury are explained in a way that does not use jargon. The workshop explores using case studies the changes that the person with brain injury experiences and how we can use techniques drawn from the latest research into cognitive rehabilitation to help support the person with brain injury and their carers.

### **The trainer**

This course is facilitated by Steve Shears MSc who has a wealth of experience in the acquired brain injury field as a psychotherapist specialising in working with people who have had a brain injury and also their relatives. Steve has also presented many workshops in the UK, Ireland and Gibraltar and has spoken at seminars around the UK and Europe.

### **Previous delegates have commented:**

*‘Delighted to have had the opportunity to do the training, found it very informative and highly applicable to work with clients.’*

*‘I liked having an instructor that deals with this on a daily basis and has a lot of knowledge on the subject.’*

*‘The knowledge of the trainer and applying it to actual experiences – ‘making it real’.*

## COURSE CONTENTS 2012

### 10.00 INTRODUCTIONS

10.10 Acquired brain injury in society what is it, who is vulnerable to it?

What we mean when we say 'hidden disability'

10.30 A case of 'hidden disability' – falling through the net – is there a net?

10.45 Definitions of brain injury categories – GCS, PTA and length of unconsciousness.

11.00 Mechanisms of damage to the brain – starting to look at brain anatomy and  
Function and the links to behaviour.

### 11.30 BREAK

11.45 Further looks at brain function and simulations of the effects of brain injury.

### 12.25 LUNCH

13.15 The effects of brain injury on the family system.

2.00 Cognitive problems and rehabilitation

### 2.45 BREAK

3.00 More Case Studies

3.45 Evaluation

4.00 END

### **Learning outcomes:**

Delegates will understand more about the nature of acquired brain injury (ABI) and why it is sometimes called a 'hidden disability'.

They will have a better understanding of the cognitive, psychological, behavioural and physical aspects of brain injury and be able to apply it to service users that they know in practical ways.

They will have experienced a simulation of some aspects of living with an acquired brain injury.

They will have considered the impact that ABI has upon family and relatives.

They will consider the benefits of early intervention to promote re-enablement.

### **General Information**

**Confirmation:** Your confirmation letter will give you details of and directions to the event venue so bring it with you on the day.

**Cancellation Policy:** Cancellations made more than two weeks prior to the course start date will be eligible for a refund but will incur a £10 administration fee.

Any cancellations after this time will not be eligible for a refund.

In the unlikely event of any event being interrupted, such as in the case of a natural disaster or if the tutor is ill, it will be rescheduled. If you are unable to attend the rescheduled event you will be given a full credit for a future event.

**To change delegates:** We are happy to change delegates upon notification by phone or letter.

**Certificates of Attendance:** These are only issued to delegates who attend the entire day's programme and complete the evaluation form.

**Special Requirements:** If you have any special requirements related to disability or diet please state this on the booking form.

## **BOOKING ONTO THE COURSE**

**By cheque:** Telephone our office and ask for a booking form or print one from our website and send the cheque made out to Headway Essex with the completed booking form to Headway Essex, Community Support, 58b Head Street, Colchester, Essex CO1 1PB

**Purchase order:** if an invoice is required please enclose an official purchase order/letter of authorisation and send it to the address above. You could also fax your booking and purchase order to us on 01206 547486



**Headway Essex**  
Training Services in Acquired Brain Injury

**BOOKING FORM**

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**Course venue and date .....**

**Job Title.....**

**Contact .....**

**Address.....**

**.....**

**Post Code.....**

**Daytime Telephone Number.....**

**Special  
Requirements.....**

**If you have any questions about the course please contact the trainer Steve Shears  
on 01206 768797**