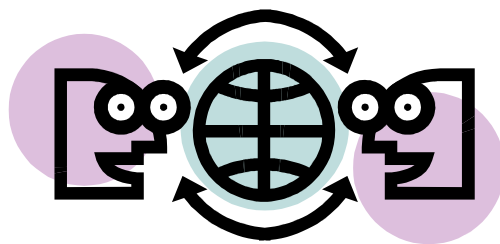


## Tending Older People's Forum



Minutes of Meeting  
Held on  
Friday 14<sup>th</sup> October 2011  
At Weeley Council Offices

### 1 Welcome & Introduction

#### Present

Jean Allen ( Chair)	Home Instead Senior Care
Marion Fowler	Age Concern Clacton
Barbara Atkins	Age Concern Clacton
Coral Born	CAB
Robert Taylor (Treasurer)	Great Bentley Good Neighbours
Tracy Cooke	Salvation Army
Brian Thomasson	CVST
Valerie Reiser	Alzheimers Society
Stephanie Blackman	Home Instead
Cathie Lockhart	Essex County Council
Natalie Emmerson	Primary Care UK
Albert Reid	Helping Hands
David Eniffer	Volunteer Centre Tendring
Dave McLeod	Harwich Town Councillor
Simba Chandiwana	Anglian Community Enterprise

### 2 Apologies:

Jennifer Pettit, Gill Close, Gerald Wallington-Hayes, Peggy Muddiman, Gill Burden, Pauline Mann, Lyn Collins, Jan Windall, Anne Brown

#### 3. Minutes of last meeting

Need to clarify that CAB is in car park of Morrison store in Harwich. Clacton CAB is Carnarvon Road.

### 4. Matters Arising

Peggy had asked about the re-organisation of the NHS and the possibility of Mike Gogarty attending a future meeting. Anne Brown has contacted him and he is now diared in for the March 2012 meeting.

Gill Burden gave apologies and will update on Gazette Survey at next meeting

At present no news on visit by Matron of Clacton Hospital

5. Chairman/Treasurer/Secretary's report

Jean gave a summary of her visit to Biberach. She had produced a short report and a more extensive one on her trip, both versions were available to those in attendance. It was agreed that Jean will do a power point presentation at the November meeting.

Treasurer's report

Robert distributed a copy of the audit as at 31<sup>st</sup> December 2010 – a closing balance of £3,174.91. Also a copy of the accounts for 2011 showing a balance of £2,283.00. When the grant was received it was expected to last 5 years, Jean suggested that we look at the Forum financial situation next year. The Council Chamber is free but most of the costs are for secretarial support and various web charges. A suggestion was made that Association costs would bring in a nominal fee.

Secretary's report

Anne read a report received from Gill Burden in her absence regarding the Gazette Survey. Gill is expecting to meet again with two of the WhyNot team in the next two weeks after which the questionnaire will be circulated again to the members of the Forum for comment.

6. Visit by Marion Bailey – Future East

Marion reported that Future East is constantly in transition. They had recently held a Workshop on financial pressures on older people 'Whose money is it anyway'. People from statutory, voluntary and older people attended. Marion is currently writing up a conference report. The next Workshop is on 13<sup>th</sup> March (these are usually held in Cambridge) Future East is one of nine members of the UK Advisory Board on Ageing, this is co-Chaired by the Minister of Pensions. Bulletins are sent out every two months – if interested in receiving contact [marion@futureeast.org.uk](mailto:marion@futureeast.org.uk)

Robert asked Marion about safeguarding as it all seems to have gone quiet. Marion reported that there is a lack of communication regarding the Safeguarding Team but said that we should all report if we are concerned about something. Since the meeting Marion has kindly sent through a copy of a paper on Safeguarding to Anne Lax who in turn has forwarded this to Robert Taylor. **Anyone interested in receiving a copy of this can contact** [anne.lax@ntlworld.com](mailto:anne.lax@ntlworld.com)

Other items discussed were housing – if new housing was suitable or desirable to older people they would move to free up housing for families.

Is there a cheaper way of providing help with managing finance other than Solicitors who charge large amounts for the service. Power of Attorney costs from £400 and is cost prohibitive for most. Natalie Emmerson reported that Primary Care UK supply provision of care helping people with budgeting. The most vulnerable were those self-funding.

Coral Born asked whether there is a plan to assess vulnerable people in hospital. Jean asked Marion if concerns raised at the forum could be fed up in to Future East and Marion agreed to this. This would strengthen the role of the forum in being a mouthpiece for the elderly in Tendring. We are trying to increase the effectiveness of the forum. To this light we have a very interesting speaker at the January meeting, Louise Notley, Nurse Consultant for Older People at Colchester General Hospital.

7. Topics for discussion

Open meeting – this is an idea to invite members of the public to possible more than one venue. Marion suggested inviting the W.I. to attend and bake some cakes!! The visit by Mike Gogarty on March 30<sup>th</sup> may be a good one to target.

Web Page – members were asked again to send in relevant information for inclusion on the site.

Gazette survey – this was covered in Secretary's report (note from Gill Burden)

8. Reports from Members

At the last meeting of the TOPF there was a presentation from the Community Matrons describing the Virtual Ward concept. As part of this new initiative, Voluntary Organisations are **invited to apply for a small grant** that would support the Community Matrons in the Virtual ward. Projects are invited from organisations that support people who are frail elderly, or those who have demential, or a long term condition. The grant will cover costs of literature, volunteer befriending or support to people in the home that encourages independent living. Contact CVS for more information.

CVS Tendring will soon be delivering a new healthcare project to support people suffering from a range of medical conditions. An NHS study revealed that 82% want to do more self care. The new service will employ two members of staff and will use local people as volunteer well-being mentors to help patients improve their diet, exercise and general quality of life. The new Service Manager will be working closely with GPs and other health professionals and will also invite people to refer themselves on the programme. It will be run from CVS Tendring's Community Information Centre in Rosemary Road, Clacton. People interested in volunteering for the service are asked to contact CVS on 01255 425692 or [admin@cvstendring.org.uk](mailto:admin@cvstendring.org.uk)

CVS Tendring provided information on forthcoming events.

North East Essex Health Exhibition – Spring 2012. Free entry for members of the public and there will be high profile keynote speakers, demonstrations, activities, alternative health therapies in addition to traditional health remedies. **If you are interested in booking a stand contact CVST.**

International Victoria Christmas Market with Santa's Grotto, School Choirs, Princes Youth Theatre, games, gifts and decorations, including a selection from Germany, Poland and France. **9.30am – 3pm on Saturday 19<sup>th</sup> November 2011 at Clacton Town Hall.**

Jean Allen

Home Instead have recently recruited a Care Manager which means that Jean can develop training and day to day care work. She also informed that they now have a room available if people are looking for somewhere to hold meetings in the Frinton area (around 25 people – power point facility) [jean.allen@homeinstead.co.uk](mailto:jean.allen@homeinstead.co.uk)

Valerie Reiser – Alzheimers Society

There is a dementia café in Imperial House between 10-12noon – this is useful to make friends and obtain information. [valerie.reiser@alzheimers.or.uk](mailto:valerie.reiser@alzheimers.or.uk) On World Alzheimers day there was a big knit-in event which was very successful. The squares went to the Red Cross to make blankets. Air show was successful although numbers were down. Alzheimers Society will be attending the Victorian Christmas Market on the 19<sup>th</sup> November.

Marion Fowler – Age Concern Clacton

At their AGM in July it was proposed that they do not become part of Age UK but remain Age Concern Clacton and work with Age UK Essex. They have recently acquired two new cooks and new members to the lunch club. Christmas Lunch will be served at the Railway Club for 100 members.

Simba Chandiwana – Falls Co-ordinator Anglian Community Enterprise

They provide exercises, equipment etc. Contact 01206 518522 – anyone can call age 65 and over – people can self refer.

Natalie Emmerson

Provide care for people with learning disability although in the last year there have been more enquiries from older people.

Tracy Cook – Salvation Army

They will be attending the Victorian Christmas Market on 19<sup>th</sup> November. Christmas Day lunch for the elderly at no charge but must book in advance. Can cater for 40 to 50 people at Salvation Army, Clacton.

David Eniffer – Volunteer Centre Tendring

Tendring Volunteer Centre have received funding to 2012-2013. Staff have reduced hours. Helping Hands project and transport for hospital etc. There is also a handyman available. Funding received from TDC, PCT and ECC. Volunteers operate from:

**Clacton Library on Wednesday pm Harwich Library Tuesday am Jaywick Library Thursday pm**

Training for volunteers provided by volunteer bureau as resources have been cut by 1/3<sup>rd</sup>.

Brian Thomasson – CVST

Brian asked whether it would be appropriate to be affiliated to CVS Tendring £10. It would enable hire of rooms at a reduced rate plus access to our funding advisor.

Robert Taylor

Replied to Brian that the background of the OPF is it is not an organisation as such but a forum. He also informed that Gt Bentley Good Neighbours will be attending the Victorian Christmas Market.

**Date of next Meeting:**

**AGM Friday 25<sup>th</sup> November 2011  
10am Weeley Council Offices**