



The Affinity Programme

What is the Affinity Programme?

The Affinity Programme working in partnership with the POWER project (NHSE Mental Health & Justice Pathway) is a targeted early intervention project working in Essex, Southend and Thurrock.

The Affinity Programme will support children and young people age 5 up to their 16th birthday, who are at risk of exclusion from education due to emotional dysregulation.

What will the Affinity Programme do?

The Affinity Programme with its team of practitioners and emotion coaches will work with both school and family to bring together a Trauma Informed Affinity Partnership which will include:

- Direct therapeutic support for the child or young person through 1:1 sessions and group workshops
- Parent/Carer support through direct coaching and group based restorative interventions
- Training and support tools to schools and settings
- Families to receive 6/12 sessions for up to 30 weeks

Who can refer?

- Primary, Secondary, SEND schools & Alternative Provisions?
- Partner agencies
- Parents/Carers

Children and young people referred to the Affinity Programme will not yet be criminalised.

Children 8-13 who are at risk of being known to the police or are already known to the police can be supported by the POWER Project (**0330 138926**).

Referral and contact information

vcl.essex-affinityprogramme@nhs.net

