

Our Prices

Main Course	£4.00
Pudding	£1.50
Coffee or Tea	50p

Takeaway Sandwich from
£1.00

Annual Membership FREE

Please book before 2pm the day before due to our policy to provide freshly cooked meals each day.

To book, pop in or call on
01255 475913.

Food allergies should be notified either beforehand or at the point of order.

Vegetarian or vegan meals on request.



Activities at Clacton Lunch Club

Knitting & Crochet Circle Thursdays, 9.30am - 11.30am



Come along and make new friends - whether you are an experienced knitter or just starting out you can share ideas and interests. Knitting improves physical and mental wellbeing and helps with relaxation, focus and concentration.

Rummikub Group Fridays, 9.30am - 11.30am



Come and join us to play this popular number game. Make friends and challenge your mind.

Both sessions cost £1 to attend and includes tea/coffee. If you would like to stay for lunch, please order by telephone the day before

Salad Special

Just £4

Enjoy one of our delicious salads which includes ham, cheese, egg, coleslaw & minted potatoes



Available every day, please book



BRINGING UNITY TO OUR COMMUNITY

Clacton Lunch Club

October 2023



Home cooked hearty meals

Served at 12 noon

at 99 Carnarvon Road CO15 6QA

(Meals must be booked before 2pm
the day before)

Main Course £4

Pudding £1.50

Coffee or Tea 50p

Tel: 01255 475913 to book

CVST Lunch Club Menu

October 2023

	2nd October	9th October	16th October	23rd October	30th October
Mon	Toad In Hole Or Minced Beef Pie	Chicken & Mushroom Sauce Or Liver & Bacon Casse-	Lasagne, Wedges & Salad Or Steak & Kidney Pie	Roast Pork Or Savoury Mince	Hunters Chicken Or Braised Pork & Apple
Tue	Roast Chicken Or Scampi Bites & Chips	Fish & Parsley Sauce Or Steak & Ale Pie	Toad In Hole Or Hunters Chicken	Liver & Bacon Casserole Or Chicken & Leek Bake	Steak & Kidney Pie Or Spaghetti Bolognaise
Wed	All Day Breakfast Or Shepherds Pie	Roast Pork Or Chicken & Veg Pie	Roast Chicken Or Fish & Chips	Ham, Egg, Chips & Beans Or Steak & Veg Pie	Toad In Hole Or Minced Beef Pie
Thur	Steak & Kidney Pie Or Spaghetti Bolognaise	Cottage Pie Or Sausage Casserole	All Day Breakfast Or Beef Stew & Dumplings	Sausage & Mash Or Chicken Casserole	Roast Chicken Or Scampi Bites & Chips
Fri	Hunters Chicken Or Braised Pork & Apple	Omelette & Chips Salad/Beans Or Beef Hot Pot	Pork Chop Or Chicken Supreme	Cottage Pie Or Chicken Curry	All Day Breakfast Or Shepherds Pie

Vegetarian / Vegan dishes available upon request, ask for details.

Meals served at 12 noon at the CVST Lunch Club - 99 Carnarvon Road CO15 6QA

(Meals must be booked before 2pm the day before)

Main Course £4

Pudding £1.50

Coffee or Tea 50p

Tel: 01255 475913 to book